



HELEN R. WALTON  
 CHILDREN'S ENRICHMENT  
 CENTER

# INFANT Weekly Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Infant Cereal Pureed Mango	Infant Cereal Pureed Bananas	Infant Cereal Pureed Pears	Infant Cereal Unsweetened Applesauce	Infant Cereal Pureed Peaches
LUNCH	Infant Cereal Pureed Green Peas Yogurt	Infant Cereal Pureed Squash Cottage Cheese	Infant Cereal Pureed Peaches Yogurt	Infant Cereal Pureed Carrots Cottage Cheese	Infant Cereal Pureed Sweet Potatoes Yogurt
SNACK	Chex Cereal (WG) Pureed Peaches	Saltine Crackers Pureed Carrots	Cheerios (WG) Pureed Mango	Goldfish Crackers Pureed Peas	Sliced Bread (WG) Pureed Bananas

WG = Whole Grain

WW = Whole Wheat

Revised 3/1/17