



# WEEK 4 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Oatmeal (WG) Blueberries Milk	Egg & Cheese Omelet Sliced Bread (WG) Unsweetened Applesauce Milk	Apple Cinnamon Muffin (WG) Pears Milk	Croissant w/ Swiss Cheese Cantaloupe Milk	Cheerios (WG) Banana Milk
LUNCH	Spaghetti (WW) (w/ ground Turkey) Black Olives Mango Milk	Chili Cornbread Muffin (WG) Mixed Berries Spinach Salad w/ Ranch (P/T) <i>Or</i> Green Beans (Infants) Milk	Fettuccine Alfredo w/ Chicken Broccoli Strawberries Milk	Sliced Ham Mashed Potatoes Green Beans Sliced Bread (WG) Milk	Chicken Tenders Corn Apples Milk
SNACK	Banana Muffin (WG) Milk	Multi-Grain Cheerios (WG) Milk	Fresh Oranges (P/T) <i>Or</i> Mandarin Oranges (Infants) Vanilla Yogurt	<i>Chex Mix</i> – Cheerios (WG) Chex Cereal (WG) w/ Pretzels (Preschool) Milk	Saltine Crackers Sliced Cheese

WG = Whole Grain

WW = Whole Wheat

Revised 5/10/17